

# Health Care Plans for Individuals



Health Insurance Made Easy for  
My Life. My Health. My Plan.

**Avera** *MyPlan*

Underwritten by  
Avera Health Plans

[www.AveraHealthPlans.com](http://www.AveraHealthPlans.com)



Avera *MyPlan* is a health benefit policy for individuals and families who do not have access to group health plans.

## **EXCEEDING EXPECTATIONS**

We know you want health insurance that delivers more than just savings. At Avera Health Plans, you'll find caring professionals who stand by our mission and are ready to make a positive impact in your health!

Avera *MyPlan* members benefit from a vast regional network that builds on the strength of the region's largest health care system. Through partnerships, more than 3,600 Avera and independent physicians and licensed practitioners share expertise, resources and personnel to deliver the highest level of care.

# **Avera** *MyPlan*

**Available Monday – Friday, 8 a.m. to 5 p.m.  
(605) 322-4545 or toll free 1 (888) 322-2115**



## Ten Reasons to choose *Avera MyPlan*



- 1.** Avera – the region’s largest health care organization
- 2.** Ongoing education on health and wellness through newsletters and website
- 3.** Easy-to-use with your benefit coverage and a network of providers available online
- 4.** Access to more than 3,600 health care providers and 90 hospitals
- 5.** My 365 - your personal guide to help you make lasting changes and live a healthier, more productive life.
- 6.** The latest technology from Avera **eCARE™** services to online claims inquiries and medical information
- 7.** Nationwide pharmacy network
- 8.** Care management nurses available to support and educate you to live a healthier lifestyle
- 9.** Nationwide network available when traveling
- 10.** Claims processed quickly and efficiently in a local South Dakota office

Call (605) 322-4545 today to learn more about individual health insurance.

## **Look no further than Avera for a comprehensive, individual health benefits policy that fits your needs.**

- When you choose an Avera Health Plans participating provider, you will pay less for services.
- You will receive in-network benefits if you seek care in an emergency or urgent-care situation.
- You have the option to add preventative dental and vision benefits to your policy.

### **QUALITY CARE CLOSE TO HOME**

Avera Health Plans partners with physicians and clinics located in every South Dakota county. It is important to us that you receive quality care near your home.



Go to **www.AveraHealthPlans.com** and click on Avera *MyPlan* for more information about benefit packages, options and rates.

After you become a member, you will have online access to your secure, confidential information – available to you when you need it!



As an Avera *MyPlan* member, you will have access to the following on our website:

- Provider Directories (you can search for a doctor or hospital by name, city and state or by specialty)
- Health Benefit Policy
- Explanation of Benefits
- Medical Claims and Status
- Member Newsletters
- Helpful Forms and Links
- Prescription Drug Benefit Information
- My 365 – A Personal Wellness and Health Guide

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## **Avera Mission – *Why We Exist***

Avera is a health ministry rooted in the Gospel. Our mission is to make a positive impact in the lives and health of persons and communities by providing quality services guided by Christian values.

## **Our Vision – *What We Work to Do***

Avera Health Plans intends to maintain an outstanding health insurance financing and administration service guided by Christian values, with health care provided within a fully integrated care delivery system.



***Look no further.***

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(605) 322-4545  
1 (888) 322-2115

**[www.AveraHealthPlans.com](http://www.AveraHealthPlans.com)**