

ALZHEIMERS SUPPORT GROUP

The Alzheimers Support Group is an excellent opportunity to learn techniques to care for yourself while you care for others and to share with others. The program facilitator is Denise Holiday from the Big Sioux Chapter. For more information call 1-800-272-3900. This group does NOT meet at Floyd Valley Hospital.

Local groups meet:

- Happy Siesta Nursing Home
Last Tuesday of every month
5:30 p.m.
- Brentwood Good Samaritan Center
1st Wednesday of every month
10:00 a.m.

PLEASE JOIN US!

All support groups are provided free of charge and the public is welcome to attend. Preregistration is helpful for planning purpose. Support groups routinely provide educational presentations. For more information on any of the hospital-sponsored support groups, please call

546-7871 or 1-800-642-6074

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Support Groups



An Avera Partner

“People Caring for People”
www.floydvalleyhospital.org

HELPING HEARTS

Helping Hearts is a cardiac support group that meets the first Wednesday of each month at 7:00 p.m., excluding June, July, and August. The group is informational and educational and is open to anyone with heart disease or cardiovascular risk factors and/or their families/friends. Lavonne Galles, RN, BSN, Cardiac Rehabilitation Coordinator, is the facilitator. For more information, please call Lavonne at 546-3383 or 1-800-642-6074 ext. 383.

LIVING WITH CANCER SUPPORT GROUP

The Living With Cancer Support Group meets the 4th Wednesday monthly from September - May at 7:00 p.m. Liz Kurth, RN, OCN is the facilitator. This group is open to all cancer patients, cancer survivors and family members. Pre-registration is requested. For more information or to pre-register call Liz at 546-3441 or 1-800-642-6074 ext. 441.

REACH TO RECOVERY

Reach to Recovery is a one-on-one support group for women who have had breast cancer and surgery. Trained professionals visit persons who have had a lumpectomy, partial mastectomy or mastectomy. The group also provides assistance in obtaining a prosthesis. For more information, call 546-7871 or 800-642-6074.

BRAIN INJURY SUPPORT GROUP

The Brain Injury Support Group meets the 3rd Monday of February, May, August and November at 3:00 p.m. in Floyd Valley Hospital's conference center. This group is open to anyone. Connie Hanson, Speech Therapist and Erin Schroeder, Occupational Therapist are the group's facilitators. For more information, please contact Connie Hanson at 546-3381 or 1-800-642-6074 ext. 381.

DIABETIC SUPPORT GROUP

The Le Mars Diabetic Support Group meets monthly from September through May from 7– 8:30 p.m. Meetings are held on the first Monday evening of the month in the Conference Center at Floyd Valley Hospital. The purpose of the group is to provide an opportunity for people to help one another in learning to live a healthy life with the challenge of diabetes. The meetings are open to all pre-diabetics, diabetics, and their family/friends. Group facilitators are Rosanne Osterbuhr, RN, BSN and Janet Kehm, RD, LD, CDE. Meeting dates are announced in local newspapers and radio stations. For more information or for a schedule of topics and dates, please call the Floyd Valley Hospital Diabetes Education Program at 546-3443 or 1-800-642-6074, ext. 443.